

## A VERY PRESENT HELP IN TROUBLE



When the foundations begin to shake, and clouds growl...

*Where* do we look for help?

*Whatever* we turn to in a crisis,

**That is our God. That is our idol.**

In a crisis we suddenly see the difference  
between the living God and a useless idol.

The idol sinks into the turbulent sea...

While God remains who he is, waiting for us to call for help.

And when we call for help,

Does God hold our past against us?

Does he ignore us, as we ignored him for so long?

**No**

The instant we cry out in our need, he is there.

*God is our refuge and strength, a very present help in trouble,  
Therefore will not we fear, though the earth be removed,  
And though the mountains be carried into the midst of the sea.*

If it takes a spiritual earthquake to destroy our idols....

If it takes catastrophe to awaken us to the God, who alone is our help...

So be it.

*There is a river that brings joy to the city of God, to the sacred house of the Most High. God is in that city, and it will never be destroyed; at early dawn he will come to its aid.*

*Psalm 46:4-5*