

THE GIFT OF A GRATEFUL MIND



*Enter into his gates with thanksgiving
And into his courts with praise!
Be thankful unto him
And bless his name! (Psalm 100)*

None of us was born with a grateful heart.

We're too preoccupied with ourselves to see the goodness of God.

But there comes a moment...

...when we hear a word of truth.
...we're struck with a flash of insight.

Our eyes open, and we give thanks for undeserved mercy.

We are being offered the gift of a grateful mind.

Will we receive it?
Or will we let the moment pass?

Then one of them, when he saw that he was healed, turned back, praising God with a loud voice, and he fell on his face at Jesus' feet giving him thanks. Then said Jesus, "Were not ten cleansed? Where are the nine?.....Rise, go your way, your faith has made you well." (Luke 17)



A grateful mind is a precious gift.

God help us to nurture it.

For true faith can be found nowhere else.

Prayer: Lord, open our eyes to the wonder of who you are and all you have done for us. Help us to dwell in gratefulness. Help us to stop being preoccupied with ourselves and to lift our hearts to you. Help us to dwell in gratefulness, seeing you in our lives, in nature, knowing you are upholding us in difficult circumstances. Give us the faith to trust you enough to be thankful in all things. May we accept, appreciate, and nurture this precious gift. Amen.