## LEST YOUR HEARTS BE WEIGHED DOWN



Deep into My Heart Signe Flink

But take heed to yourselves lest your hearts be weighed down with <u>dissipation</u> and <u>drunkenness</u> and the <u>cares</u> of this life, and that day come upon you suddenly like a snare; for it will come upon all who dwell upon the face of the whole earth.

Luke 21:34-35

Easier said than done.

Whose heart isn't weighed down these day

How can you watch the news and not have a heavy heart?

How can you walk down the street and ignore the pain in those faces?

How can you look into your own heart and still be at ease?

Dissipation:wasted strengthDrunkenness:wasted mindCares:wasted worry

## And yet....it can be done.

By the power of the Spirit of God we can walk through the Valley of the Shadow of Death, fearing no evil.

## For thou art with me. Thy rod and thy staff, they comfort me.

I need to know this in my soul. I need to carry this in my heart.

To discipline my mind to renew itself in his presence.

## But watch at all times, Praying that you may have the strength to pass safely through the things that will take place, And to stand before the Son of Man.

Luke 21:36

The Lord cannot do my praying for me.

But he will help me when I start to pray.

I will know this to be true once I take the one step within my power: To open my heart and call upon his name.



Ready and Brave by Eric Holmlund

Lord Jesus, we come to you with heavy hearts, afraid of the future, afraid we won't be up to the task of dealing with the turmoil of this world, the troubled around us and our own quivering hearts. We open our hearts to you, calling on you to give us the strength, the confidence, the clear minds and the faith we need to stand before you, knowing you are with us, knowing we never face evil alone, and that in your presence we will find the safety and comfort that lifts our hearts and make them soar with courage to face anything you call us to.

Maranatha Mirror Messages

<u>mmirror.net</u> <u>maranathamirror18@gmail.com</u> 586-530-6983 (text or call)



