

WHEN MY HEART IS OVERWHELMED



Beauty for Ashes courtesy of Ineke Hopgood

Who of us has not staggered before that overwhelming mountain of trouble?

Who of us has not known that Valley of Impotence?

Who of us is not even now gazing into a future of chilling uncertainty?

And yet....

To be overwhelmed is to be facing Reality.

The Real World is always overwhelmingly uncertain.

What do we do now?

Where do we turn?

Who can we trust to show us the way?

The Wilderness of Desperation is the place where we begin to seek God.

***Hear my cry, O God; Attend to my prayer.
From the end of the earth I will cry to You,
When my heart is overwhelmed;
Lead me to the rock that is higher than I.
Psalm 61:1-2***

When I finally discover that I am not the center of the universe,

that all the gods of this world are empty idols,

I begin to pray.

All those clever words are gone.

I have nothing left in me but a cry for help.

Lead me to the Rock that is higher than I.



Be My Mighty Rock

Lead me to the one who alone knows what's going on.

Who alone can help me.

Heaven's answer often comes in three waves:

We receive the protection of God.

Then the direction of God.

Then the peace of God.

The Protection of God

The seventy returned with joy, saying, "Lord, even the demons are subject to us in your name!" And he said to them, "I saw Satan fall like lightning from heaven. Behold, I have given you authority to tread upon serpents and scorpions, and over all the power of the enemy; and nothing shall hurt you. Nevertheless do not rejoice in this, that the spirits are subject to you; but rejoice that your names are written in heaven."

Luke 10:17-20

The same power that protected Jesus until his hour arrived now protects those who walk in his light.



I will be with him in Trouble

If we belong to him, we are invulnerable until our work is done.

We are surrounded by heaven's invisible fire until it is time to lay down our lives.

The Direction of God

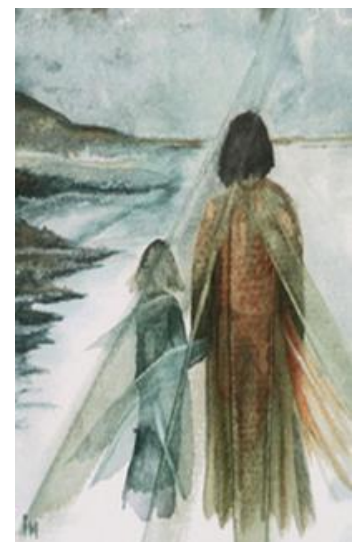
Again Jesus spoke to them, saying, "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life."

John 8:12

In answer to our prayer we are drawn to one who knows the way, and shows us how to navigate the darkness of this world.

He is our Light, one day at a time, one step at a time.

***"He who follows me will not walk in darkness,
but will have the light of life."***



Hand in Hand with the King

The Peace of God

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you."

John 20:19

"Peace be with you," from the mouth of the risen Lord is electrifying.

That peace is the power of the world to come.

The Master breathes on us his Spirit of Peace to hold us steady through every storm.

***When my heart is overwhelmed,
lead me to the Rock that is higher than I.***

Soon our cry of desperation becomes a daily prayer.

Every day we cry for help.

Every day the Lord surrounds us with his protection.

Every day his Spirit leads us ever closer to the City of God.

Every day the Master breathes his Peace into our souls



Positioning

Prayer

Holy, majestic, trustworthy Lord, when our hearts are overwhelmed...lead us to you, the rock. You alone are what we need. We admit our impotence, our vulnerability, and our fear of the uncertainty before us. Everyday surround us with your protection. Everyday draw us to and lead us with your light. Everyday breathe your peace upon us. And every day, instead of being overwhelmed by life's storms may we remain steady in you, our Beloved Rock.

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All the art in today's posting is by Ineke Hopgood. Ineke's desire is to express God's love, heart and beauty through her art. <https://inekehopgood.weebly.com/>

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THE LAMB
WHO WAS SLAIN
HAS BEGUN HIS REIGN

